



Xtreme Activate
27 October- 31 October



Monday 27 October			Tuesday 28 October			Wednesday 29 October			Thursday 30 October			Friday 31 October							
	Younger's 1	Olders 1		Younger's 1	Olders 1		Younger's 1	Olders 1		Younger's 1	Olders 1		Younger's 1	Olders 1					
Time			Time			Time			Time			Time							
8:30-10	Coach Activities		10:00	Coach Activities		10:00	Coach Activities		10:00	Coach Activities		10:00	Coach Activities						
10:15	Registration		10:15	Registration		10:15	Registration		10:15	Registration		10:15	Registration						
10:30	Art & Craft	Ice Skating	10:30	Art & Craft	Bowling	10:30	Group games	Ice Skating	10:30	Group games	Bowling	10:30	Art & Craft	Ice Skating					
10:45			10:45			10:45			10:45			10:45			10:45				
11:00	Snack		11:00	Snack		11:00	Snack		11:00	Snack		11:00	Snack		11:00	Snack	11:00	Snack	
11:15	Skates on		11:15	Skates on		11:15	Skates on		11:15	Skates on		11:15	Skates on						
11:30	Ice Skating	Lunch	11:30	Ice Skating	Lunch	11:30	Ice Skating	Lunch	11:30	Ice Skating	Lunch	11:30	Ice Skating	Lunch					
11:45			11:45			11:45			11:45			11:45			11:45				
12:00	Skates Off	Bowling	12:00	Skates Off	Trampoline	12:00	Skates Off	Bowling	12:00	Skates Off	Trampoline	12:00	Skates Off	Bowling					
12:15			12:15	Group games		12:15	Lunch		12:15	Lunch		12:15	Lunch		12:15	Lunch			
12:30	Bouncy Castle		12:30	Group games		12:30	Lunch		12:30	Lunch		12:30	Lunch		12:30	Lunch	12:30	Lunch	
12:45			12:45		Snack	12:45	Shoes on		12:45		Snack	12:45	Shoes on						
13:00	Lunch	Badminton	13:00	Trampoline/ Bouncy Castle	Ice Skating	13:00	Bowling	Table tennis	13:00	Trampoline/ Bouncy Castle	Ice Skating	13:00	Bowling	Hockey					
13:15			13:15				13:15					13:15				13:15		13:15	
13:30	Group games		13:30			Lunch	13:30		Shoes off			Snack			13:30	Art & Craft	13:30	Shoes off	Snack
13:45			13:45			13:45			13:45	Snack		13:45	Shoes off						
14:00		Swimming	14:00		Swimming	14:00	Short tennis	Swimming	14:00		Swimming	14:00	Shoes off	Swimming					
14:15	Shoes on		14:15	Shoes on		14:15			14:15	Shoes on		14:15			14:15	Shoes on			
14:30			14:30			14:30			14:30			14:30			14:30				
14:45	Bowling		14:45	Bowling		14:45	Snack		14:45	Snack		14:45	Bowling		14:45	Bowling	14:45	Bowling	
15:00			15:00			15:00			15:00			15:00			15:00		15:00		
15:15			15:15			15:15	Pirate Ship		15:15			15:15							
15:30	Shoes off		15:30	Shoes off		15:30			15:30	Shoes off		15:30	Role Play						
15:45	Arena		15:45	Arena		15:45	Arena		15:45	Arena		15:45	Arena						
16:00	Pick Up		16:00	Pick Up		16:00	Pick Up		16:00	Pick Up		16:00	Pick Up						
16:15-18:00	Coach Activities		16:15-18:00	Coach Activities		16:15-18:00	Coach Activities		16:15-18:00	Coach Activities		16:15-18:00	Coach Activities						